Medical Emergency Drill Card

Practise the first 10 minutes of a medical emergency. Run it at least once a contract, and after every crew change.

The scenario

A crew member collapses in the engine control room. They are breathing but do not answer you. Choose the place and the person before the drill. Do not tell the crew.

What should happen

- [ ] The first person checks it is safe, shouts for help and raises the alarm.
- [ ] The bridge is told the place and what has happened.
- [ ] The officer in charge of medical care brings the medical bag, oxygen and the defibrillator (AED).
- [ ] The patient is put on their side. Breathing is checked. CPR starts if breathing stops.
- [ ] The master is told. The radio medical call sheet is filled in.
- [ ] A practice call to radio medical advice is planned (say it is a drill if you make a real call).
- [ ] A stretcher team is ready to move the patient to the ship's hospital.

Times to write down

ALARM RAISED	MEDICAL OFFICER ARRIVED	AED ARRIVED	CALL SHEET READY	PATIENT MOVED

Debrief questions

- Did everyone know where the AED, oxygen and stretcher are?
- Could we reach the patient with a stretcher? What slowed us down?
- Did the call sheet have the ship position and the patient checks?
- Who would talk to the radio doctor? Who would write things down?
- What one thing will we change before the next drill?

DRILL LED BY	DATE	CREW WHO TOOK PART

Free to print and adapt. General information, not medical or legal advice.