Radio Medical Call Sheet

Fill this in before you call for radio medical advice (TMAS). Keep copies by the medicine chest and on the bridge.

In an emergency, call first

If someone is not breathing, unconscious, bleeding heavily or may die, alert the master and get radio medical advice now. Fill in the sheet during or after the call.

1. The ship

SHIP NAME

CALL SIGN / IMO NUMBER

FLAG

POSITION, COURSE AND SPEED

NEXT PORT AND ETA

HOW THE DOCTOR CAN CALL BACK (PHONE, EMAIL)

2. The patient

NAME

RANK

AGE

SEX

NATIONALITY / LANGUAGE

WEIGHT (APPROX.)

3. What happened

MAIN PROBLEM

WHEN IT STARTED

ACCIDENT OR ILLNESS? HOW HAS IT CHANGED?

4. Checks now (write the time)

TIME

AWAKE?

PULSE PER MINUTE

BREATHS PER MINUTE

TEMPERATURE

BLOOD PRESSURE

SKIN COLOUR

PAIN SCORE 0 TO 10

5. Background

KNOWN ILLNESSES

REGULAR MEDICINES

ALLERGIES

MEDICINES GIVEN ON BOARD (NAME, DOSE, TIME)

ALCOHOL OR DRUGS?

PREGNANT? (IF RELEVANT)

6. The advice

Write down what the doctor says. Read it back to check it. Note the time of the next call.

DOCTOR / CENTRE NAME

TIME OF CALL

NEXT CALL AT

Free to print and adapt. General information, not medical or legal advice.

Patient observation log

Fill in a row at the times the doctor asks for, or every 30 minutes if you are worried. Bring this sheet to the next call.

Time	Awake?	Pulse	Breaths	Temp	BP	Pain	Fluids in / out	Medicine given, notes