SEAFARERS HEALTH | FILL IN AND POST BY THE MEDICINE CHEST

Ship Health Contacts Card

The numbers you need in a medical emergency, all in one place. Check them at every crew change.

Emergency and medical advice

RADIO MEDICAL ADVICE (TMAS) FOR THIS AREA

RESCUE CENTRE (MRCC) FOR THIS AREA

COMPANY 24-HOUR EMERGENCY LINE

DESIGNATED PERSON ASHORE (DPA)

Company and port

CREWING / MANNING AGENCY

PORT AGENT AT NEXT PORT

P&I CLUB CORRESPONDENT

COMPANY MEDICAL ADVISER

On board

OFFICER IN CHARGE OF MEDICAL CARE

DEPUTY

MEDICINE CHEST KEY KEPT BY

MEDICAL GUIDE KEPT AT

DEFIBRILLATOR (AED) KEPT AT

STRETCHER KEPT AT

Support for crew and families

SeafarerHelp: free, private, 24 hours, many languages. Phone +44 20 7323 2737. iswan.org.uk/seafarerhelp

SEAFARERS CENTRE AT NEXT PORT

UNION CONTACT

WELFARE OFFICER / CHAPLAIN

CHECKED BY

DATE

NEXT CHECK